

Day 1 - Joining

- 1200 Welcome (1-2h)
 - Lunch (optional)
 - Introduction: sailing experience, expectations and things you want to learn
 - Formalities: passports / visa check, collection of money for consumables (kitty)
 - Plan for today and outlook for the next days (weather, route)
- 1400 (group 1) Provisioning: food, water etc. (3h)
- 1400 (group 2) Boat inspection / check-up (3h)
- 1700 Watch system, logbook, bunks assignment & unpacking (1h)
- 1800 Safety briefing (1h)
- 2000 Dinner

Day 2 – First passage

- 0700 Wash-up and Breakfast
- 0800 Passage plan & Pilotage (1h) – planning the first passage together
- 0900 Training: use of lines and winches, use of mooring lines & fenders for berthing (1h)
- 1000 Boat familiarization if needed: sails & lines, use of anchor and engine (1h)
- 1100 Pre-departure check and prep, last things ashore (1h)

If weather permits:

- 1200 Leaving the berth and Practicing on the water (1h)
 - Boat handling under power: going forward and astern, turning in confined space
 - Boat handling under sail: hoisting and dropping sails, reefing, heading up, bearing away, tacking and jibing
 - MOB procedure & heaving-to
 - Prepare deviation tables for compasses if needed
- 1300 Leave for the passage and start watches